CARP CAJUN



2 cups cooked, flaked carp

1 ½ teaspoons Cajun seasoning

1 large red onion ½ teaspoon paprika

AISSOURI 2 bell peppers, green, red or yellow

3 stalks celery ½ teaspoon salt ½ teaspoon Tabasco

4 teaspoons flour

6 Roma tomatoes chopped, or canned tomatoes

1 can (14 ½ oz.) chicken broth

½ pound peeled large shrimp

3 Tbsp.chopped fresh parsley

2 cups cooked white rice



Steam or bake the carp, then remove the meat from the bones. Reserve 2 cups. Prepare vegetables: slice onion in ¼-inch-thick rings, then cut the rings in half; slice peppers lengthwise in ¼" strips; and slice celery ½" thick. Melt the ¼-cup butter in a large saucepan or skillet. Add flour and stir until light brown. Add onion, peppers and celery. Cook and stir until vegetables are softened. Add broth and seasonings.

Bring mixture to a boil, then simmer until vegetables are almost done and broth is slightly thickened, about 15 minutes.

Add tomatoes, shrimp and carp.

Cook until shrimp is done, about 5 minutes.

Serve over rice and garnish with parsley. Serves 4.